

**FOUNDATION COURSE SCHEDULE**

**OCT 2025**

Time/ Date & Day	9-10am	10-11am	11- 11.15 am	11.15-12.15pm	12.15-1.15pm	1.15- 2pm	2-3pm	3-4pm	4-6pm
08/10/25	<b>FC 1A:</b> Ice Breaking session – Group activity . Dr. Shivaaleela, HOD, Anatomy	<b>FC 1A:</b> Overview of foundation course & writing reflection & feedback (IL & Discussion) Dr Sathisha, HOD, Biochemistry	T E A B R E A K	<b>FC 1.7:</b> MBBS phase 1 course curriculum Examination & Attendance – University rules & regulations (IL) Dr S Arthy, HOD, Physiology	<b>FC 1.7:</b> Medical profession & overview of MBBS curriculum, its structure & outcomes. Dr Harendra kumar M.L, Principal, SIMS7 RH	L U N C H B R E A K	<b>FC 1.5:</b> Orientation to the college / campus / facilities/administrative structure/support system in three batches. Dr Ram Prakash sah, Dr Krishna kishore, Dept of anatomy		<b>Sports &amp; yoga</b>
09/10/25	<b>FC 1.2:</b> Role of an Indian medical Graduate (IL) Dr Gireesh V A, HOD, Pathology	<b>FC1.10:</b> History of Medicine - Dr Viveka, prof Anatomy		<b>FC 4.8:</b> Role of yoga meditation in personal health- IL & demonstration & Practice. Dr. Omkar N.G Prof physiology	<b>FC 1A:</b> Anti – raging measures: Dr Hemath Raj, Vice principal, admin (IL) Dr Hemanth Raj, V. P admin, SIMS & RH		<b>FC 1.4:</b> Rules and regulations of the institution, hostel & mess (IL) Dr Bhavana, Sachin hostel warden	<b>Computer</b> Basic knowledge <b>Language</b> kannada/english Basic Vocabulary	<b>Sports &amp; yoga</b>
10/10/25	<b>FC 4.12:</b> Skill of Group learning and group dynamics (Discussion) Dr. Shivaaleela, HOD, Anatomy	<b>FC 4.1:</b> Introduction to Medical ethics, Attitudes & communication- (IL) Dr Kusuma, prof, community medicine		<b>FC 3.3:</b> Health care system in india – primary, secondary, tertiary(IL)- Dr Raveesh, HOD, community medicine	<b>FC1.10</b> Alternate health system in the country (IL)- Dr Srinivasa sagar, asso prof, Anatomy		<b>FC 1A:</b> Hospital and lab visits . Dr Sase Sudhir Pratap, Dept of Biochemistry.	<b>Computer</b> Microsoft word <b>Language</b> kannada/English Basic Vocabulary (relationships, food, time, cost, numbers)	<b>ECA &amp; yoga</b>



11/10/25	<b>FC 4.5:</b> Disability competencies (IL)- Dr. Kavya, HOD anaesthesia	<b>FC 3.6: Community Medicine Field Visit (10 am to 1pm) –</b> Dr Sougenya, community medicine				
<b>SUNDAY</b>						
13/10/25	<b>FC 4.2:</b> Compassion, altruism, integrity, duty, responsibility, trust of physicians (IL)- Dr Yogesh, asso prof, Anatomy	<b>FC 2.8:</b> General Vaccination Immunization requirements of health care professional (IL) Dr Roopashree, prof, Microbiology	T E A B R E A K	<b>FC 2.3:</b> universal precautions, PPE, hand hygiene, NSI and Biospills management. Dr Soumya, prof Microbiology	<b>FC 2.7:</b> Biomedical waste segregation and handling management (IL & videos) DR parimala, prof & HOD Microbiology	
14/10/25	<b>FC 1.1:</b> Concept of integration in medicine- Dr Aftab Begum, prof, physiology	<b>FC 4.9:</b> Time management skills (Workshop)- Dr Bharathi Subramaniam, prof physiology		<b>FC 4.7:</b> Stress management skills and risk taking behaviour(IL) Dr Sulha riyaz, asso prof, psychiatry	<b>FC 4.11:</b> Role of mentoring and mentorship program & Assigning the mentor-mentee (IL & discussion) Dr Rajesh, Prof & HOD, pharmacology	
				<b>FC 4.10:</b> Interpersonal relationship while working in health care team-Case Scenarios- Dr Pallavi, Prof Pediatrics	<b>Computer Language</b> Microsoft word kannada/English Basic Vocabulary (relationships, food, time, cost, numbers)	<b>Sports &amp; yoga</b>
				<b>FC 2.1:</b> Basic Life Support & Cardiac Life Support -Skill lab Dr Deepak T G, HOD, Emergency medicine, Dr Prathibha, Anaesthesia.		<b>Sports &amp; yoga</b>

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15/10/25	<b>FC 4.15:</b> Collaborative learning (IL& Discussion)- Dr Dr Madhura, prof biochemistry	<b>FC 4.1:</b> Concept of professionalism (IL). Dr Siraj Ahmed, prof Anatomy		<b>FC 1D:</b> Introduction and overview of research (IL & Discussion)- Dr Sathisha, HOD, Biochemistry	<b>FC 1.6:</b> Career pathway and opportunities for personal growth ( interactive session) Dr Bharathi Subramaniam, prof, physiology	L U N C H B	<b>FC 5D:</b> Skill of using information technology and online resources of learning- visit to digital library- Dr Viveka, prof anatomy	<b>Computer</b> How to make powerpoint presentation Language kannada/English Introduction to Grammar	<b>Sports &amp; yoga</b>



16/10/25	<b>FC 4.13:</b> Skill of Self directed Learning (group activity) Dr Soumya, Dept of OBG	<b>FC 4A:</b> Medicolegal and ethical issues related to drugs and their abuse (Case Scenarios & Discussion) Dr Madhusudhan, prof, forensic medicine	T E A B R E A K	<b>FC 3.1:</b> National health policies and goals (IL) Dr Rangaswamy, asst prof, community medicine	<b>FC 5B:</b> Enhancement of local language and communication (IL)-Dr Jeevan Reddy, asso prof, OBG	E A K	<b>FC 3.2:</b> History and handling of outbreaks epidemics & pandemics ( case scenario & discussion) Dr Siddalingaiah H.S,Prof, community medicine	<b>Computer</b> make a powerpoint for the given topic <b>Language</b> kannada/English Framing Sentences	<b>Sports &amp; yoga</b>
17/10/25	<b>FC 1.8:</b> Role of physician at various level of health care delivery (IL)- Dr Preethi, asst prof, community medicine	<b>FC2.9:</b> Significance of documentation (Role play) Dr Gunnaiah, prof, forensic medicine		<b>FC 2.2:</b> Introduction to several life threatening emergencies, the importance of first aid and its benefits- visit to skill lab- Dr Yogesh, asso prof, Anatomy			<b>FC 1A:</b> Visit to first year department lab- Dr Pravalika, Dr Nizar Ahmed, Dept of Physiology	<b>Computer</b> Excel Basics <b>Language</b> kannada/English Framing Sentences	<b>Sports &amp; ECA</b>
18/10/25	<b>FC 4.13:</b> learning pedagogy skills(workshop)- Dr Shilpashree Y.M, prof pediatrics.	<b>FC 3.6:</b> Community Medicine Field Visit (10am to 1pm) – Dr Soundarya, asst prof, community medicine.		<b>FC 3.6:</b> Community Medicine Field Visit (10am to 1pm) – Dr Soundarya, asst prof, community medicine.					
<b>SUNDAY</b>									
21/10/25	<b>FC 1.9:</b> Principle of family practice (IL)- Dr Aftab Begum, prof, physiology	<b>FC 5.1:</b> Basic communication skills- Dr Rekha Gurumurthy, HOD, OBG		Visit to hospital for Hepatitis B Immunisation (1 to 100)			Visit to hospital for Hepatitis B Immunisation (101 TO 200)	<b>Computer</b> Excel <b>Language</b> kannada/English Communication with Patients	



23/10/25	FC 1.3: Panel discussion Students expectations from Society, Nation, Institution, Teachers, Peers, Colleagues & Patients .Dr Chethan (surgery), Dr Lakshmikanth(ortho), Dr Akshatha (Pathology)		cont... Presentation by student groups for the above mentioned topics . Dr Chethan (surgery), Dr Lakshmikanth(ortho), Dr Akshatha (Pathology)		FC 4.6: Respect for cultural diversity & pluralism (IL, case scenario) Dr Nalini, prof pathology	Computer Using e Mail Language kannada/Engli sh Communicatio n with Patients History taking	Sports & yoga
24/10/25	FC 4B WHITE COAT CEREMONY						

CONVENER FOUNDATION COURSE

MEU COORDINATOR

PRINCIPAL, SIMS & RH